# Emerging Considerations in neuroAIDS Internationally: Events in Acute and Early Infection

Igor Grant, M.D.

Director, HIV Neurobehavioral Research Center University of California, San Diego





# Although combination ARVs improve health and prolong survival, neuroAIDS remains prevalent



HIV NEUROBEHAVIORAL RESEARCH CENTER | UNIVERSITY OF CALIFORNIA, SAN DIEGO

(B)

HNRC

🔫 UCSD

#### Public Health Importance of studies on Acute/ Early infection

- » There are estimated to be 5,000,000 new cases of HIV worldwide annually (40,000 in USA)
- » World wide prevalence is 40,000,000
- » As people survive longer, and if we estimate 35% develop HAND, there may be 14,000,000 cases with neurocognitive impairment
- » In USA, with about 1,000,000 HIV cases, there may be 350,000 with HAND. This makes HIV the 2<sup>nd</sup> most important source on cognitive impairment (after traumatic brain injury) among adults in their most productive years
- » If HAND can be prevented initially, significant source of morbidity is eliminated, and quality of life improved



V NEUROBEHAVIORAL RESEARCH CENTER | UNIVERSITY OF CALIFORNIA, SAN DIEGO

<del>र U</del>CSD

## Neurocognitive Impairment in CHARTER Cases Associated with:

» Nadir CD4 < 200 (p = .01)

- » ARV (p = .005): current ARV treated worse than those never on ARV (but nadir CD4 < 200 in 74% of currently treated v. 27% never treated)
- » Plasma VL x Nadir CD4 < 200 (p = .006): undetectable VL and nadir CD4 > 200 were less impaired
- » No univariate associations to current CD4, plasma or CSF viral load





#### Reduced Risk of NCI in Those with Absent History of Severe Immunosuppression and Good Virologic Control





# Time to NP Impairment Split by CD4 Group



# Time to NP Impairment Split by Plasma HIV-RNA Group



#### Time to NP Impairment Split by Highest Risk (Hi Plasma HIV-RNA/Low CD4) vs. All Other Risk Group Combinations



## CHARTER Study Acute and Early Infection Cohort Characteristics (n=70)

|   | Mean (n)   | SD     |
|---|------------|--------|
| Age   | 34.4       | 10.3   |
| Education   | 13.2       | 2.3    |
| Gender (%M)   | 78.6% (55) |        |
| Ethnicity   |            |        |
| White   | 62.9% (44) |        |
| Black   | 22.9% (16) |        |
| Hispanic  | 14.2% (10) |        |
| % Acute   | 24.3% (17) |        |
| Estimated duration of infection (months)                                  | 6.2        | 3.6    |
| % Impaired  | 28.6% (20) |        |
| HIV NEUROBEHAVIORAL RESEARCH CENTER   UNIVERSITY OF CALIFORNIA, SAN DIEGO |            | 🔫 UCSD |

## NP Impairment in AEH Cohort at Baseline and 6-month follow-up



HIV NEUROBEHAVIORAL RESEARCH CENTER | UNIVERSITY OF CALIFORNIA, SAN DIEGO

HNRC



## Cerebral Blood Flow Changes in Controls, AEH and Chronic HIV cases



#### Ances BM et al. J Neurovirol. 2008 Oct;14(5):418-24





### **Altered NAA in AEH and Chronic HIV**

#### Frontal Cortical Gray Matter

#### **Centrum Semiovale White Matter**



## Model for CNS Complications in Acute and Early HIV Infection





HIV NEUROBEHAVIORAL RESEARCH CENTER | UNIVERSITY OF CALIFORNIA, SAN DIEGO

<del>र</del> UCSD

#### Plasma lipopolysaccharide (LPS) and sCD14 monocyte activation marker related to HAND in AIDS patients with CD4 < 300



Ancuna et al., PLoS ONE. 2008; 3(6): e2516

(A)

HNRC



#### **Summary of HAND and AEH**

- » Neurocognitive impairment is present within 6 mos of infection
- » 10% decline over 6 mos
- » Associated with plasma biomarkers of neuronal injury [eg tau) and inflammation/cell migration (uPAR)
- » Evidence of neuronal injury also on MRS (lower NAA)
- » Increased CBF in basal ganglia (perhaps indicates inflammatory change)
- » High VL and low CD4 increase hazard of HAND in future





### HAND and AEH: examples of questions

- » Do early gut associated lymphocyte (GALT) depletion, and bacterial translocation, trigger systemic inflammation favoring migration of HIV and immune cells into the CNS?
- » Is GALT injury associated with spikes in VL that increase trafficking of HIV into CNS?
- » Do drugs of abuse that modify immune responses, eg., methamphetamine; opioids amplify the above?
- » Do coinfections, eg., TB, malaria, HCV also amplify these?
- » Does acute treatment with CNS penetrating ARV abort these early CNS events?
- » Utility of "neuroprotective" and "anti-inflammatory" adjuncts





# Emerging Considerations in neuroAIDS Internationally: Events in Acute and Early Infection

# **Thank you!**

#### Igor Grant, M.D.

Director, HIV Neurobehavioral Research Center University of California, San Diego





# Elevated Blood (but not CSF) Biomarkers associated with NP Impairment in AEH Cases





